

Gradpack list of stuff to bring

We'll need you to chip-in some food \$\$ TBD (No more than \$20 probably)

Here's what will be provided for you:

- Sleeping bag
- Sleeping pad
- Backpack
- Tent
- Tarp
- Cooking Gear (Stove, pots, utensils)
- Foil
- Most Meals / Snacks
- Bear Canister
- Garbage Bags to waterproof your packs
- Mosquito SPRAY!!

Personal Gear YOU need to have/get

Technical / Food Gear

- Headlamp - (~\$15).
- Plastic Bowl.
- Mug/cup.
- Fork/Spoon.
- Optional: small fishing rod and lures with fishing license.
- Two Gatorade bottles / Nalgene bottles / Camelbak bladder.
- Small daypack.
- Bandana for use as a tray.
- Chapstick
- Toothbrush/paste
- Feminine Hygiene stuff (& ziplock to pack out)
- Camera!
- Extra batteries for headlamps.

Clothes

- Beanie.
- Thin gloves (optional).
- Two pairs WOOL socks.
- Rain Jacket & Pants (~ \$5).
- Light Jacket/windbreaker.
- Warm mid-layer fleece or sweater (NO COTTON HOODIES!).
- Long-sleeve shirt (not cotton).
- Hiking shirt or two (not cotton).
- Sleeping Shirt.
- Long underwear for sleeping.
- Hiking Pants (Quick Drying – No jeans).
- Warm-pants for camp.
- Hiking shoes/boots.
- Hiking Sandals or shoes you can get wet & then to wear around camp.
- Sun Hat
- Sunglasses
- Shorts or pants that zip-off for getting wet.